

Debbie Nigro has been a media personality, businesswoman, writer, entrepreneur, and connector in multiple capacities for more than 30 years. An award winning nationally recognized media talent, and now sought after business advisor, Debbie has always been driven by curiosity to explore new possibilities for herself and others. A world class interviewer and speaker, Debbie is well known for always doing her research and utilizing her unique gift of humor to get attention for sharing important information. From conducting thousands of interviews, talking to thousands of strangers, and from her thousands of hours of education both formally and from 'the school of hard knocks', Debbie has accumulated a wealth of knowledge that she's passionate about sharing with folks of every age, at every stage of their lives. Always striving to bring out the best in others, Debbie loves to spark people to be more confident and step out of their comfort zones to do things they really desire, in spite of it all. Known for being warm, gritty and authentic, Debbie believes 'Attitude is Everything!' and 'Anything Is Possible at Any Age! Her mantra? Risk It! Or Regret It!



More about Debbie Nigro (pronounced N-eye-grow) radio, podcasts, blogs and happenings can be found at DebbieNigro.com. Debbie earned a BS in Radio & TV from Ithaca College and likes to still act like she's in college. This is her second book. The first awhile back was called "The Working Mom On the Run aka What the Heck Happened To My Life?" Debbie still often wonders what the heck happened to her life.

HOW TO TALK TO STRANGERS

*Advice from a
Professional Stranger Talker*

DEBBIE NIGRO